

Consensus-based list of medicines suitable for managing terminal symptoms in the community (palliMEDS list)

MEDICINE		PACKAGED AS #	CLINICAL USES FOR PALLIATIVE PATIENTS
*Clonazepam liquid (oral drops) ^{1,2}	2.5 mg/mL (0.1 mg/drop) oral	1 bottle (10 mL)	Agitation, anxiety, terminal restlessness, seizure
Clonazepam injection ¹	1 mg/mL	1 box (5 ampoules)	Agitation, anxiety, terminal restlessness, seizure
Dexamethasone injection ³	4 mg/mL	1 box (5 ampoules)	Pain, inflammation, dyspnoea, nausea/vomiting
Fentanyl citrate injection ³	100 µg/2 mL	1 box (5 or 10 ampoules)	Pain, dyspnoea
*Haloperidol injection ^{1,2}	5 mg/mL	1 box (10 ampoules)	Delirium, nausea/vomiting, terminal restlessness, refractory distress
Hydromorphone injection ⁴	2 mg/mL	1 box (5 ampoules)	Pain, dyspnoea
*Hyoscine butylbromide injection ^{2,4}	20 mg/mL	1 box (5 ampoules)	Respiratory tract secretions/noisy breathing (prophylactic)
Metoclopramide injection ^{2,4}	10 mg/2 mL	1 box (10 ampoules)	Nausea/vomiting
Midazolam injection ²	5 mg/mL	1 box (10 ampoules)	Agitation, anxiety, terminal restlessness, seizure
Morphine liquid (oral solution) ⁴	5 mg/mL	1 bottle (200 mL)	Pain, dyspnoea
*Morphine (sulfate or hydrochloride ²) injection ⁴	10 mg/mL	1 box (5 ampoules)	Pain, dyspnoea
Morphine sulfate injection ^{2,4}	30 mg/mL	1 box (5 ampoules)	Pain, dyspnoea

*On the [National Core Community Palliative Care Medicines List](#)

#Packaging quantities and size may vary depending on product/brand availability. Please check the PBS or speak to your pharmacist for more information at time of prescribing.

PBS listing

¹PBS listed – Palliative Care Schedule (Restricted Benefit)

²PBS listed – Prescriber Bag

³Not on the PBS

⁴PBS listed – Palliative Care Schedule (Streamlined Authority Required)

How was the palliative care medicines list developed?

caring@home convened a national Working Party of clinicians (palliative medicine specialists, rural generalists, general practitioners, pharmacists, nurses) with representation from:

- ACT Health
- Agency for Clinical Innovation – End of Life and Palliative Care Network, New South Wales
- Australia New Zealand Society of Palliative Medicine (ANZSPM)
- Australian College of Nurse Practitioners (ACNP)
- Australian College of Rural and Remote Medicine (ACRRM)
- Australian Commission on Safety and Quality in Health Care (ACSQHC)
- Department of Health, Tasmania
- Metro South Palliative Care Service, Metro South Health Queensland
- Northern Territory PHN (NTPHN)
- Palliative Care Australia (PCA)
- Pharmaceutical Society of Australia (PSA)
- South Australia Health
- Safer Care Victoria
- The Royal Australian College of General Practitioners Ltd (RACGP)
- Western Australia Country Health Service (WACHS)
- Western New South Wales Local Health District (LHD).

palliMEDS app

The palliMEDS app provides prescribing advice for medicines used for managing terminal symptoms frequently experienced by home-based patients. palliMEDS supports:

Primary care prescribers to provide optimal symptom management to their patients in the community.

Other clinicians to inform their practice.

The app is free to download from the App Store and on Google Play. Scan the QR code or visit caringathomeproject.com.au and search palliMEDS.



More information

t. 1300 600 007

e. caringathome@health.qld.gov.au

🔍 | caringathomeproject.com.au



caring@home is a National Palliative Care project, funded by the Australian Government and led by the Brisbane South Palliative Care Collaborative.

*Apple and the Apple logo are trademarks of Apple Inc., registered in the U.S. and other countries. App Store is a service mark of Apple Inc. Google Play and the Google Play logo are trademarks of Google LLC.