Give the medicine under the skin



1 Check the site

Swelling, tenderness, bruising or leakage?



7 Give all the medicine slowly



2 Clean your hands



3 Check you have the correct medicine



Ring the clinic



6 Put the syringe on the cannula



5 Twist



What you need









8 Twist the empty syringe off



 Repeat steps to give the flush



10 Check the connector is tight



Ring the clinic



The Re-check the site











14 Wait 20 minutes



® Fill in the **Medicines book**



12 Clean your hands





