



Feeling sick and/or vomiting

See



Vomiting

Trying to vomit

Holding stomach

Burping

Sweaty

Do



Refer to plan of care



Connect – stay with them, reassure



Roll to their side if vomiting



Put cool cloth on their face/back of the neck/feet/ hands /wrists



Don't force food or fluids: let them eat what they want



Help with fresh air – open window, use fan, move outside



Reduce strong smells



Keep their mouth clean




Let carers/family know
Tell manager/supervisor

Other things: _____

Say



 Report sickness and/or vomiting that is not getting better to your manager/supervisor.

Write



Write notes about what you see, what you do and what you talk about with the person, carers/family and your team.