

Knowing when a person is getting closer to passing

There are some common signs when people are getting closer to passing. These signs are due to the body and brain shutting down.

See and hear



Breathing differently - rattly breathing or long pauses between breaths

More time in bed

Less time awake

Not eating or drinking

Changes to skin colour

Cold skin (hands and feet)

Confused

Agitation/ restlessness

Having difficulty swallowing

Less interested in storytelling, yarning, or joining in

Less wee

Do



Stay with your loved one



Call your family kinship to come pay their respects and say their last goodbyes



Contact the clinic to get help if you need



Need help? Ring the clinic 

T:

Knowing when a person has passed

See and hear



Breathing stops and the muscles and movement of the stomach and chest stops

No heartbeat or pulse can be felt or heard

Pupils don't move

The person cannot be woken up

Eyes and mouth may close or may be half open

Cold to touch

Note: The body may release air and fluid.

Do



Your loved one may look different to you.

Do traditional ways, ceremonies, rituals after your loved one has passed to help them to pass into the Dreaming



When you are ready, ring the clinic



Need help? Ring the clinic 

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