

How to care for a person's mouth

▶ Report any problems with the mouth to your manager/supervisor.

★ Provide mouth care when you see the lips and mouth are dry.

1

You need:

- Mouth swabs
- Spray bottle (water or saliva replacement) if required
- Washcloth
- Lip cream
- Cup of water
- Towel
- Rubbish bag
- Gloves
- Hand sanitiser
- Step-by-step guide

For dentures – toothbrush and toothpaste



2



Clean your hands and put on gloves

3

Place towel under person's chin



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If the person has dentures, take them out and clean them



4

Wet mouth swab OR washcloth and squeeze out excess water



5

Sweep mouth swab OR washcloth over lips and front of tongue



6

Sweep mouth swab OR washcloth gently around the mouth between cheek and teeth/gums

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Don't go too far back into the mouth



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Dentures can now be replaced

7

If you have some, spray a small amount of liquid into the front of the mouth



8

Apply lip cream to moisten both lips



9

Place used mouth swabs in rubbish bag



10



Remove gloves and clean your hands