



Storing your palliative care medicines safely

Store medicines securely.

- Keep medicines away from children, pets and adults who are not able to read or understand labels.



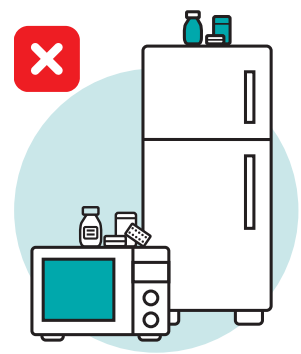
Store medicines in a cool, dry place at the correct temperature.



Direct sunlight



High humidity



Heat

- Most medicines need to be stored at room temperature (below 25°C).
- Some medicines need to be stored in the fridge (between 2°C to 8°C).
- *Medicines in syringes must be kept in the fridge.*

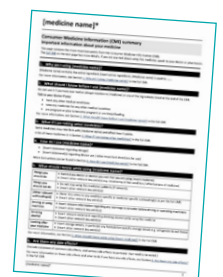


- ★ If you are unsure how to store medicines or have concerns, ask your pharmacist, nurse or doctor.

Store medicines in their original packaging or in the medication dose aid.



- Store medicines according to the manufacturer's instructions, specified in the consumer medicine information leaflet.





Disposing of your palliative care medicines safely

Do not keep expired medicines or medicines that are no longer needed.

- Check the areas of your home where you store medicines.
- Read the labels and expiry dates – dispose of expired medicines and medicines that are no longer needed.

SAFETY TIP

Medicines used for palliative care are supplied on prescription. It is important that **no one else uses these medicines.**

- ★ If you are unsure which of your medicines should be disposed of, ask your pharmacist, nurse or doctor.

The safest way to dispose of medicines is to take them to a pharmacy.



- ★ If there is not a pharmacy close by, ask your nurse or doctor.

Do not throw medicines down the sink, toilet or in the bin.



! Unwanted medicines left in the home can cause harm, or death, to children, adults and pets.

Harm to you, other people, animals and the environment can occur if medicines are not disposed of correctly.