

# How to insert a subcutaneous cannula

Clinical services should only teach carers to insert a subcutaneous cannula in exceptional circumstances and under instruction by a health professional.






## 1 Wash your hands



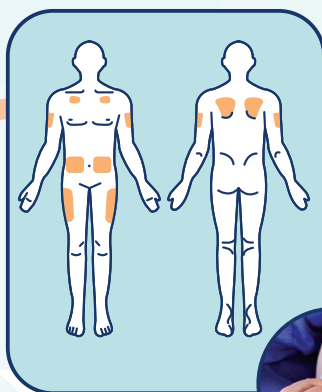
## 2 What you need



## 3 Prepare the cannula

	Peel the back from the cannula packet
	Remove the white slide clamp
	Rotate the safety shield to make sure the needle moves freely
	Remove the plastic vent port
	Open the smart-valve connector and screw onto the yellow Y-arm

## 6 Select and prepare the insertion site







## 5 Take the items to the person







## 4 Write the date in the medicines diary






## 7 Prepare to insert the cannula

			 <p>sloping needle edge</p>
<p>Open the dressing</p>	<p>Peel off the back</p>	<p>Remove the clear plastic cover from the needle</p>	<p>Rotate the safety shield to make sure that the sloping edge of the needle is facing up</p>

## 8 Insert the cannula

	<p>Hold the 2 bumpy sides of the yellow wings together in one hand</p>
	<p>Grip the skin with the other hand and push the needle all the way into the skin at a 45 degree angle</p>
	<p>Flatten the yellow wings against the person's skin</p>
	<p>Stick the dressing over the insertion site and yellow wings</p>

## 9 Set up the cannula

<p>Hold yellow Y-arm firmly with one hand and pull straight back on the safety shield with the other hand until it separates from the yellow Y-arm</p>	
<p>Place safety shield into the sharps container</p>	
<p>Remove the white backing from the dressing</p>	

★ **If the plastic tubing is not under the skin contact your nurse.**

📞 **If you need help** Service name: ..... T: .....