

Help manage symptoms at home

1 What symptom?



Pain



Short of breath



Rattly breathing



Feeling sick in the gut



Restlessness



Stress



Troubling visions, sounds, thoughts



Fitting

4 Give the medicine

Give the medicine under the skin

3 What medicine?

What medicine to give?

Need help?

Put medicine label here

Put medicine label here

Put medicine label here

Put medicine label here

2 How worrying is it?

0 1 2 3 4 5 6 7 8 9 10

Not worried Really worried

5 Fill in the Medicines book

Examples

| | | | | |
|--|---|---|---|-------------------------|
| | SATURDAY | SATURDAY | SATURDAY | |
| | DAY | NIGHT | NIGHT | |
| | see 7:00pm | see 10:00pm | see 11:00pm | |
| | Medication name, strength, quantity, expiry date, lot number, manufacturer, presentation, preparation by, date, time, location, pharmacist name, pharmacist registration number, pharmacist signature, pharmacist photo, pharmacist ID number, pharmacist contact details, pharmacist address, pharmacist phone number, pharmacist email address, pharmacist website, pharmacist social media, pharmacist QR code, pharmacist barcode, pharmacist logo, pharmacist seal, pharmacist stamp, pharmacist signature, pharmacist photo, pharmacist ID number, pharmacist contact details, pharmacist address, pharmacist phone number, pharmacist email address, pharmacist website, pharmacist social media, pharmacist QR code, pharmacist barcode, pharmacist logo, pharmacist seal, pharmacist stamp | Medication name, strength, quantity, expiry date, lot number, manufacturer, presentation, preparation by, date, time, location, pharmacist name, pharmacist registration number, pharmacist signature, pharmacist photo, pharmacist ID number, pharmacist contact details, pharmacist address, pharmacist phone number, pharmacist email address, pharmacist website, pharmacist social media, pharmacist QR code, pharmacist barcode, pharmacist logo, pharmacist seal, pharmacist stamp | Medication name, strength, quantity, expiry date, lot number, manufacturer, presentation, preparation by, date, time, location, pharmacist name, pharmacist registration number, pharmacist signature, pharmacist photo, pharmacist ID number, pharmacist contact details, pharmacist address, pharmacist phone number, pharmacist email address, pharmacist website, pharmacist social media, pharmacist QR code, pharmacist barcode, pharmacist logo, pharmacist seal, pharmacist stamp | Put medicine label here |
| | | | | |
| | Wait 20 minutes | Wait 20 minutes | Wait 20 minutes | Wait 20 minutes |
| | | | | |

6 Wait 20 minutes



7 Fill in the Medicines book

Examples

| | | | | |
|--|---|---|---|-------------------------|
| | SATURDAY | SATURDAY | SATURDAY | |
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| | | | | |

Need help? Ring the clinic.

T: