

Training checklist and carer/family post-training competency assessment

Patient name:		DOB:	
Carer name:			
Training checklist		Carer competency assessment	
1. Recognising and rating breakthrough symptoms			
Discuss how to recognise a symptom		The carer understands how to recognise breakthrough symptoms and how and when to rate them	
Explain how and when to rate breakthrough symptoms			
2. Knowing what subcutaneous medicines to give			
Explain how to select the right medicine for a symptom		The carer can accurately select the right subcutaneous medicine for each breakthrough symptom	
3. Writing a label, opening an ampoule and drawing up medicine		Applicable	Not applicable
Demonstrate the steps involved in writing a label, opening an ampoule and drawing up medicine as per the <i>step-by-step guide</i>		The carer can demonstrate all the steps involved in writing a label, opening an ampoule and drawing up medicine as per the <i>step-by-step guide</i>	
Observe the carer completing all the steps involved in writing a label, opening an ampoule and drawing up medicine as per the <i>step-by-step guide</i>			
4. Giving medicine using a subcutaneous cannula			
Demonstrate the steps involved in giving subcutaneous medicines using a subcutaneous cannula as per the <i>step-by-step guide</i>		The carer can demonstrate all the steps involved in giving subcutaneous medicines as per the <i>step-by-step guide</i>	
Observe the carer completing all the steps involved in giving subcutaneous medicines using a subcutaneous cannula as per the <i>step-by-step guide</i>			

Carer name:			
Training checklist		Carer competency assessment	
5. Checking the subcutaneous cannula			
Demonstrate how to check the insertion site		The carer understands how to check the subcutaneous cannula and its insertion site	
6. Recording in the Medicines diary/book			
Demonstrate how to fill out the Medicines diary/book		The carer can accurately complete the Medicines diary/book	
Observe the carer filling out the Medicines diary/book			
7. Making sure there are enough medicines in the house			
Discuss with the carer how they will access prescriptions and or/medicines		The carer understands how to ensure an ongoing supply of medicine	
8. Safely storing and disposing of subcutaneous medicines			
Explain how to store medicines and dispose of unused medicines safely		The carer understands how to safely store and dispose of unused medicines	
Ask the carer to show you where they will store the medicines			
9. Seeking further advice			
Ensure that the carer has all contact details including a 24-hour phone number		The carer has the contact phone number of the responsible service provider including a 24-hour phone number	

Please note: This document should be is filed/scanned in the patient's notes.

Registered nurse name

Registered nurse signature

Date