

Always use your medicines in the right way

To protect yourself, your family and your community:

- Only take the amount your doctor has told you to take.
- Take the medicine for as long as your doctor has told you to.
- If you make a mistake taking your medicine, contact your doctor, nurse or chemist.
- Do not share your medicine with anyone.
- Keep track of how much medicine you have to make sure you do not run out.
- If your medicine goes missing, tell your doctor, nurse or chemist straight away.





Need more help?

Talk to your doctor, nurse, chemist, or Aboriginal Health Worker if you have any questions about your medicine. They are there to support you and keep you safe.

Service name:.....

.....
.....

T:.....


**It is important to get help if
someone has taken the medicine
and looks or feels very unwell.** 

caring@home is funded by the Australian Government and led by Brisbane South Palliative Care Collaborative.

Keeping your medicines safe



**Protect your community.
Stay safe.**

Why is it important to keep your medicines safe?

Medicines can help you feel better. Keep your medicines safe to:

- Protect children
- Protect pets
- Stop others from taking it by mistake

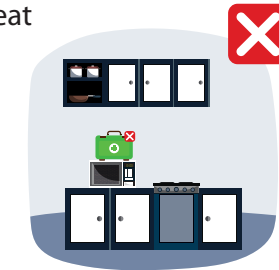


How to store your medicines safely

- Keep medicines in a locked cupboard or box, out of reach of children and others.



- Store medicines in a cool, dry place away from heat and direct sunlight.



- Store medicines in their original packaging or in the medication dose aid.



How to dispose of unused or expired medicines

- Return medicines to the pharmacy or clinic for safe disposal.



- Do not throw medicines down the sink, in the bin or flush it down the toilet.



Unwanted medicines left in the home can cause harm, or death, to children, adults and pets.