

caring@home for Aboriginal and Torres Strait Islander Families

The aim of this project is to support the provision of palliative care at home for Aboriginal and Torres Strait Islander people.

When care at home is preferred, it can be provided to help connect family, culture, community, country and the spiritual wellbeing of Aboriginal and Torres Strait Islander people.

Tailored *caring@home* resources will be developed and applicable Australia-wide for clinical services, health professionals and families to help manage breakthrough symptoms safely using subcutaneous medicines. These resources are one tool to assist Aboriginal and Torres Strait Islander people who choose to be cared for and remain at home for the final stage of their life-course.

Activities

caring@home for Aboriginal and Torres Strait Islander Families will:

- Undertake consultation with Aboriginal and Torres Strait Islander families, health professionals and communities
- Develop tailored carer resources for Aboriginal and Torres Strait Islander families
- Provide online and face-to-face education for health professionals including Aboriginal Health Workers and Aboriginal Health Practitioners
- Undertake a national roll out of the new resources via communication and marketing activities
- Evaluate the project.

Who's involved in the project?

Brisbane South
Palliative Care Collaborative
Metro South Health | Queensland Government



Existing *caring@home* resources

In 2018, *caring@home* developed palliative care resources for organisations, health professionals and carers to support carers to help manage breakthrough symptoms safely using subcutaneous medicines for a person in their care at home.

These resources have been widely taken up across all states and territories in Australia by specialist and generalist services. Evaluation data indicates a positive response to resources from carers and health professionals. The free resources can be ordered as hard copies or downloaded from the website and are applicable in all jurisdictions across Australia.

For more information

- ☎ 1300 600 007
- @ caringathome@health.qld.gov.au
- 🌐 www.caringathomeproject.com.au

Funding

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caring@home acknowledges the Traditional Custodians of country throughout Australia and their connections to land, sea and community. We pay our respect to their Elders past and present and extend that respect to all Aboriginal and Torres Strait Islander people.