List of resources

The *Palliative Care Clinic Box* contains practical resources to help health professionals support Aboriginal and Torres Strait Islander people receiving palliative care at home and their families.

For more information visit: caringathomeproject.com.au

Resource type	No. of copies	Title of resource
SUPPORTING FAMILIES		
Tip sheets	9 of each	• Help with feeling sick in the gut • Help with fitting • Help with pain • Help with rattly breathing • Help with restlessness • Help with short of breath • Help with stress • Help with troubling visions, sounds, thoughts • Knowing when a person is getting closer to passing/ Knowing when a person has passed
Information brochure for families	1	Helping to manage symptoms at home (customisable Word document)
Diary	3	Medicines book
Wall chart	3	What medicine to give?
Step-by-step guides	9 of each	• Help manage symptoms at home • Put the medicine in the syringe • Give the medicine under the skin
Syringe labels	1	A set of colour-coded syringe labels for common medicines used in palliative care
Competency assessment	3	Training checklist and carer/family post-training competency assessment
Training videos	1	USB containing four short training videos
EDUCATING YOURSELF		
Guide for health professionals	1	Managing palliative care symptoms: A guide for health professionals
DEVELOPING POLICIES AND PROCEDURES		
Medicine guidelines	1	Guidelines for the handling of palliative care medicines in community services (Version 2)
Example policy and procedures	1	Example policy and procedures: Supporting carers/families to help manage breakthrough symptoms safely using subcutaneous medicines in the home (customisable Word document)
3 X PRACTICE DEMONSTRATION KITS AND SHARPS CONTAINERS		