

**Presentation style**

Oral

**Conference theme**

Future of therapeutics and innovations in palliative care

**Title**

*caring@home* resources can improve end-of-life choices for Aboriginal and Torres Strait Islander families

**Authors**

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**Biography of presenting author**

Liz Reymond is Deputy Director, Metro South Palliative Care Service and Director, Brisbane South Palliative Care Collaborative. Her research interests include palliative care symptom management, service delivery and development, and advance care planning. Liz is directing multiple palliative care projects, including the national *caring@home* Aboriginal & Torres Strait Islander Families project.

**Abstract (250 words)****Background**

Many Aboriginal and Torres Strait Islander people express a wish to be cared for, and to pass, at home or on Country surrounded by family if possible. There are many barriers to achieving this aim; one being the ability to provide timely and effective symptom control.

**Aim**

The aim of this presentation is to introduce the suite of culturally-appropriate *caring@home* resources for Aboriginal and Torres Strait Islander families that will support the provision of palliative care symptom management at home or on Country,

**What was done?**

The resources were developed with extensive consultation with key stakeholders in all states and territories in Australia in metro, regional, rural and remote areas. The resources include:

- Tip sheets about nine common end-of-life symptoms
- Step-by-step guides and short training videos about how to give subcutaneous medicine and recognise symptoms
- A Medicines book to record medicines given
- A symptom rating scale and medicine wall chart

The resources are practically focussed to support clinicians and families and enable clinical services to provide best-practice end-of-life care supporting family choices and decision-making.

## Discussion

The wide-ranging consultation and feedback has been diverse and appreciated by Aboriginal and Torres Strait Islander people. It was essential to help guide resource development. The project team thanks everyone who is supporting the project.

## Funding acknowledgement

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